

ACADEMICALLY GIFTED

OAK RIDGE ELEMENTARY



MEET YOUR TEACHERS

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GCS AG Website

Wish Lists

Ms. Boggess
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**LAST DAY OF AG
CLASSES
WEDNESDAY, MAY 28**



Guilford Gifted, formerly known as Guilford County PAGE, supports our community's brightest young minds with strong advocacy for the advancement of gifted education.

Get Involved!

volunteer, represent, socialize and more

Join Today

We offer free membership, access to other AG families, and educational events for students and parents.

Connect with us:

- www.guilfordgifted.org
- facebook.com/GuilfordCoPAGE
- guilfordgifted@gmail.com

JOIN TODAY

JOIN US FOR A FUN NIGHT OF BINGO GAMES AND PRIZES, ALL FOR A GOOD CAUSE. GET READY TO SHOUT "BINGO!" AND WIN SOME AWESOME GIFTS WHILE SUPPORTING GIFTED PROGRAMMING IN GUILFORD COUNTY AND GRANTS FOR GCS TEACHERS. THE EVENT WILL TAKE PLACE ON THURSDAY, APRIL 24, 2025, AT CONE HEALTH MEDCENTER GREENSBORO ON DRAWBRIDGE PARKWAY. DON'T MISS OUT ON THIS EXCITING OPPORTUNITY TO HAVE A GREAT TIME AND HELP RAISE FUNDS FOR OUR GIFTED STUDENTS.

PURCHASE YOUR TICKET HERE!

Guilford Gifted
Newsletter:



NCAGT's Podcast:



CURRICULUM

	QUARTER 4
3RD GRADE ELA	<p>World Mythology: Students will be finishing up this unit the first part of the 3rd quarter.</p> <p>Outta This World! : This unit explores the connection between science and science fiction. Students will explore topics such as shark behavior, extinction, astronomy, space exploration, robots and AI, human body systems, life beyond our universe, and invasive species.</p>
3RD GRADE MATH	<p>Math Quest: Students will be finishing up this unit the first part of the 3rd quarter.</p> <p>House Design: During this unit students will have a chance to work collaboratively with their peers to design a house for a fictional client. The students will take on individual responsibilities within their groups while they all work toward a common goal. Students will learn how to draw items to scale, determine the area of space needed for things such as flooring, create blueprints and create an interior design. Students will also learn the importance of a budget and what it means for a house to be affordable.</p>
4th and 5TH GRADE ELA	<p>As we approach the end of the school year and prepare for grade tests, we are excited to focus on the power of short story analysis in developing critical thinking skills and enriching vocabulary. Engaging with short stories not only captivates students' imaginations but also encourages them to explore complex themes, character motivations, and narrative structures.</p> <p>Through careful analysis, students will learn to evaluate different perspectives, make connections, and articulate their thoughts clearly. This critical thinking practice is essential for success on upcoming assessments, where analytical skills are key.</p> <p>Moreover, dissecting short stories exposes students to a wealth of vocabulary in context, allowing them to enhance their language skills naturally. We will continue to work through the Caesar's English book. The winner of the Caesar's English pizza party will be announced in May! As they encounter new words and phrases, I hope they will recognize and utilize meanings, synonyms, antonyms and usage, learned during our Caesar's English study this year.</p>
4th GRADE MATH	<p>Dimensions Unveiled-Exploring the World of Geometry Students will engage in numerous challenges in this unit as they engage in logical thinking to solve the varied and difficult tasks designed to extend problem solving. Completion of these challenges allows students to demonstrate their thorough knowledge of specific geometric terms and concepts to create final products, models, projects, and diagrams. Students will strengthen their geometry understanding while increasing their skills and creativity. Some challenging tasks offer multiple solutions which will allow students to explain their thinking as they extend geometric terms into broader concepts. Students will be pushed into another dimension as they embark on a journey allowing them to be creative and innovative in seeking out solutions and tackling problems in real-world scenarios.</p>
5TH GRADE MATH	<p>In 5th grade we will spend a few weeks of the fourth quarter wrapping up the previous unit, The Stock Market. As we wrap up and approach testing, students will have the opportunity to use question stems to write EOG style math questions to share with their teachers for EOG review. For those classes that have extra time, we will work on creating Stop Motion videos. Creating these videos will allow students to review concepts learned and deepen their knowledge and understanding of the standards while sharing these things using a creative outlet.</p>

SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3RD GRADE ELA	7:45 -9:15 RASCH PINE	7:45 - 9:15 PETRELLA MURRAY	7:45 - 9:15 PRICE STREET BIRINDELLI		
3RD GRADE MATH	12:25 - 1:55 PETRELLA PRICE	9:15 10:00 PINE (PT. 1) 12:25 - 1:55 STREET BIRINDELLI	9:15 - 10:00 PINE (PT. 2) 12:25 - 1:55 RASCH MURRAY		
3RD GRADE AIG				1:15 - 2:00 PINE PRICE PETRELLA	1:15 - 2:00 BIRINDELLI MURRAY RASCH STREET
4TH GRADE ELA	9:45 - 11:15 MIGLIACCIO LAWSON	9:45 - 11:15 THOMPSON	9:45 - 11:45 WEST	9:45 - 11:15 BERRY	
4TH GRADE MATH	8:30 - 10:00 BERRY	8:30 - 10:00 LAWSON	8:30 - 10:00 MIGLIACCIO	8:30 - 10:00 THOMPSON	8:30 - 10:00 WEST
4TH GRADE AIG					9:45 - 10 :30 BERRY THOMPSON 10:30 - 11:15 WEST LAWSON MIGLIACCIO
5TH GRADE ELA	8:00 - 9:30 CHURCH	8:00 - 9:30 DIXON	8:00 - 9:30 PHILLIPS	8:00 - 9:30 ADKINS	8:00 - 9:30 CHANEY
5TH GRADE MATH	10:05- 11:35 ADKINS	10:05 - 11:35 CHANEY	10:05 - 11:35 CHURCH	10:05 - 11:35 DIXON	10:05 - 11:35 PHILLIPS

They'll Be Better Equipped to Handle Life's Challenges

What happens when your child's friend suddenly rejects them? Or when your child gets angry when their sibling receives the larger slice of cake? According to psychotherapist and author, Amy Morin, it is perfectly natural for parents to want to jump in and "fix" the situation because no one wants to see their child upset. However, Morin recommends that resilience is one of the more important lessons for children to learn. Using her book, **13 Things Mentally Strong Parents Don't Do**, Morin focused her research to help parents show their kids how to take responsibility over their emotions. Resilience, Confidence and Positivity are the essential tools all children should possess to be better equipped to handle life's challenges.

Unfortunately, as society gets caught up in soccer practice and homework each day, many kids are not developing the mental strength they need to become responsible adults. It is best not to lose sight of the bigger picture when it comes to teaching kids life lessons to help them navigate their day-to-day journey in adulthood. Here are 3 things you can do to help your kids become the strongest and best versions of themselves.

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Teach your kids to think realistically

Adults struggle with a variety of negative thoughts daily: self-doubt, harsh criticism and catastrophic thinking. Many are surprised to learn that kids struggle with the same types of thoughts that adults have. Unfortunately, most parents do not teach their children how to deal with these negative thoughts, but instead are quick to say to them, "Quit worrying" or "It'll turn out fine."

A better approach is to teach kids how to think realistically to address challenging situations and that begins with helping them to develop healthier self-talk. A child who initially thinks, "I'll never be able to pass math class should instead adopt a growth mindset with the following inner dialogue, "I can improve my math grade by studying hard, asking for help, and doing my homework."

How to Teach This

- Encourage your kid to become a "Thought Detective": one who logically examines any evidence that supports and contradicts any assumptions they may have.
- If your kid says something negative, ask "What makes you think that's true? And "What is some evidence that might not be true?"
- Teach your kid to challenge their negative thoughts and prove themselves wrong.

Teach your kids to manage their emotions

While many college freshmen believe they have academic preparedness for the college/university setting, there is unfortunately a significant lack of emotional preparedness as they grapple with loneliness, decision making, sadness and anxiety each week. Before they step foot on any campus of higher learning, children need to not only learn about their emotions but also how their emotions can influence them.

Many parents struggle to cope with their own emotions in their role. For instance, when their child is crying for that extra cookie, it is important for the parent not to give in to guilt and firmly say, "No". Unfortunately, many parenting choices are made because guilt is a very uncomfortable feeling. But understanding this should empower parents to know that they can cope with this type of guilt because their decision is for the betterment of the child's overall health and ultimately reinforces respect for the parental hierarchy within the household. The parents can feel guilty, but that doesn't mean the decision to deny the cookie was a bad choice.

The same lesson should be taught to children, too,

It is crucial not to allow an unhealthy fear of the uncomfortable to dictate life's choices. This will help kids to be resilient to peer pressure when their "friend" asks if they can cheat off their paper. A mentally strong child will be able to say, "No". In this instance, the child may feel guilty when they say, "No" to their "friend, but they will understand that saying "No" was not a bad choice.

If at some point a child can say, "I'm feeling anxious and that anxiety makes me want to avoid scary things", then they will be better equipped to face their fears. The child is demonstrating that they have a better understanding of how to cope with their emotions. Most importantly, they are developing an ability to handle emotional discomfort more confidently.

How to Teach This

- Teach your kids to recognize their feelings.
- Label your kid's emotions so that they can understand how those emotions influence their decisions.
- Validate your kid's emotions and teach them they have a choice in how they deal with their feelings.

Teach your kids to take positive action

Many parents have this tendency to rescue their kids from their struggles. Some are quick to even micromanage their kids' daily activities. Unfortunately, as a result, kids do not learn how to make healthy choices on their own.

Mentally strong kids take positive action in order to face their fears. Positive action also means that kids know how to persevere when they are tired and act according to their own values- even when this act is not the "popular thing to do".

How to Teach This

- Be a supportive but not an overprotective parent by allowing your kid to experience life and its challenges using the coping skills they have learned.

- Encourage your kid to take healthy risks and to step outside of their comfort zone for optimal growth and learning.
- Proactively teach your kids problem solving skills.
- Maintain an open line of communication to listen to your kid's thoughts and feelings, fostering an environment where they feel safe to express themselves.



Adapted from: Morin, A. (2017, September 18). *How to raise mentally strong kids in today's world*. Psychology Today. <https://www.psychologytoday.com/us/blog/what-mentally-strong-people-dont-do/201709/how-to-raise-mentally-strong-kids-in-todays-world>

Morin, A. (2024, December 4). *Parents who raise mentally strong kids always use these 10 "simple but powerful" phrases: Psychotherapist*. CNBC. <https://www.cnbc.com/2024/12/04/parents-who-raise-mentally-strong-kids-phrases-psychotherapist.html>

Morin, A. (2024b, December 13). *Parents who raise mentally strong kids do this 1 thing: "they'll be better equipped to handle life's challenges," psychotherapist says*. CNBC. <https://www.cnn.com/2024/12/13/the-no-1-strategy-for-raising-mentally-strong-kids-psychotherapist.html>